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# Utilizing Creatinine Kinetics to Better Understand Instantaneous Creatinine Clearance

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## Disclaimers

- The views expressed are the authors and do not reflect the official view or policy of the Department of Defense or its Components. A waiver was obtained for informed consent of the subjects used in this research as required by 32 CFR 219 and DODI 3216.02\_AFI 40-402

# Acute Kidney Injury

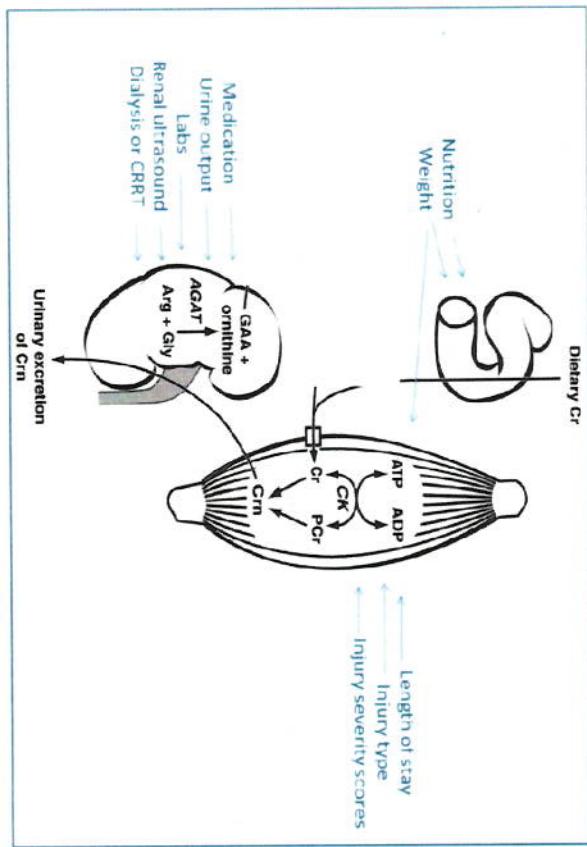
- In military combat causalities, AKI develops 34.3% of the time and is associated with 21.7% mortality
- Standard definitions of AKI use either the absolute value or the change in creatinine or urine output (THE PATIENT STATE)
- Nephrologists often look for the underlying cause (THE EVENT) and whether the damage is ongoing

# AKIN Criteria

Classification/Staging System for AKIN Criteria	Definitions
AKIN 1	-Urine Output: < 0.5 ml/kg per hour for 6 hours -Serum Creatinine: Increase in SC > 0.3 mg/dl in 48hours -Serum Creatinine: Increase in SC from baseline > 150%
AKIN 2	-Urine Output: < 0.5 ml/kg per hour for 12 hours -Serum Creatinine: Increase in SC from baseline > 200%
AKIN 3	-Urine Output: < 0.3 ml/kg per hour for 24 hours, or anuria for 12 hours -Serum Creatinine: value being equal or greater than 4.0 mg/dl with an acute increase of at least 0.5mg/dl -Serum Creatinine: Increase in SC from baseline > 300%

# The Real Question

- Is the patient getting better, worse or staying the same?
- Production of creatinine takes time
- The *changes* in renal function are seen more in the *changes* of serum creatinine as compared to production rather than the current absolute value
- For example, a patient with a creatinine of 1 mg/dl and instantaneous removal of all kidney function would still result in a creatinine of approximately 1 mg/dl a few minutes later



# Kinetic Estimate GFR (keGFR)

$$KeGFR = \frac{SSP_{Cr} \times CrCl}{Mean_{P_{Cr}}} \times \left( 1 - \frac{24 \times \Delta P_{Cr}}{\Delta Time(h) \times Max\Delta P_{Cr}/Day} \right)$$

Stable Patients CrCl : MDRD, CKD Epi

# Predicted Peak Creatinine

- We re-worked the keGFR equation to help us answer whether the patient was getting better, worse or staying the same
- At any time with 2 creatinines, we can predict the third and determine whether it is higher, lower or the same as predicted

$$\text{Predicted Peak Creatinine} = \frac{\text{Max}\Delta\text{PCr}/\text{Day} \times \Delta\text{Time} \times \text{MeanPCr}}{\text{Max}\Delta\text{PCr}/\text{Day} \times \Delta\text{Time} - 24 \times \Delta\text{PCr}}$$

File Edit Help

AKIN Calculator

Patient ID:

Age: 35  
Weight: 62.39 kg  
Race: Not Black  
Gender: Female

### AKIN Calculator

Creatinine	Date	Time	AKIN	CG eGFR	MDRD eGFR	kgGFR	Pred Cr	Severity %	Outcome
0.8	1/8/2003	0932	0	114.45	116.26	123.9	0.77	9.9%	
0.8	1/10/2003	0500	0	114.45	116.26	116.26	0.8	3.7%	
0.8	1/11/2003	0636	0	114.45	116.26	116.26	0.8	0	
0.8	1/18/2003	0651	0	114.45	116.26	116.26	0.8	0	

Add Row

Calculate

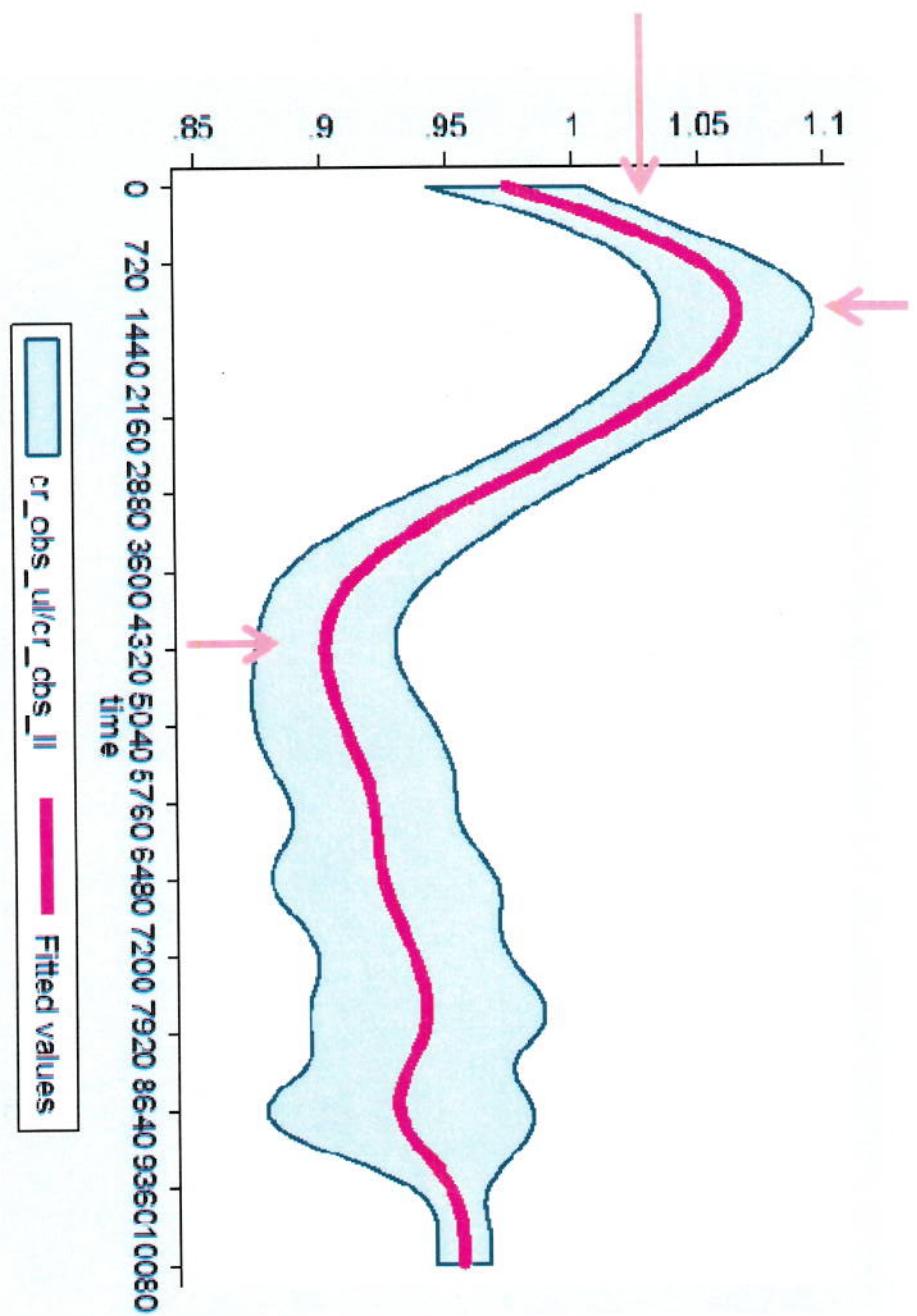
Creatinine



0.8 1/8/2003 0932 114.45 116.26 123.9 0.77 9.9%  
0.8 1/10/2003 0500 114.45 116.26 116.26 0.8 3.7%  
0.8 1/11/2003 0636 114.45 116.26 116.26 0.8 0%  
0.8 1/18/2003 0651 114.45 116.26 116.26 0.8 0%

Clear

Cancel



## Next Steps

- Determine thresholds naïve model
- Build model that includes creatinine production factors
- Compare models
- Compare to nephrologists best guess of when an injury occurred

# Future Renal Function Kinetics Calculator

- Focus on EVENTS that harm the kidney and not the STATE of the laboratory results
- Tell us whether the patient is getting better, worse or staying the same
- Assist the clinician with triage and treatment
- Assist the researcher in developing better treatments

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Questions?